

Clean Eating Snacks

- *Fresh Fruit*
- *Raw vegetables*
- *Nuts*
- *Organic Popcorn*
- *Trail Mix*
- *Nuts and Raisins*
- *Hummus and celery or carrots*
- *Hummus and wheat pita chips*
- *Cheese*
- *Roasted Chickpeas*
- *Apple with nut butter*
- *Cottage Cheese with fruit*
- *Cucumber slices with salsa*
- *Cheese and whole grain crackers*
- *Ants on a log*
- *Granola*
- *Protein Bites*
- *Fruit Smoothie*
- *Hard boiled egg*
- *Greek yogurt (can top with fresh fruit)*
- *Healthy cookies*
- *Dates*